



ILLINGWORTH MESSENGER

Where Church and Community meet together:
Illingworth Moor, the former St Mary's & St Malachy's



Harvest Festival Service at Mount Zion on
Sunday, 22nd September at 2 pm

SEPTEMBER 2024

Printed & Distributed free by the Illingworth Messenger Trust
for the Churches and People in Illingworth

**JOIN US ON OUR JOURNEY OF FAITH AT ANY
OF THE SERVICES**

EVERYONE IS WELCOME

ST. MALACHY'S CHURCH

Times of Mass at St. Malachy's:

Saturday (Vigil Mass) at 5 pm and
Sunday Mass at 9 am

HOLY NATIVITY CHURCH

the Church of England Parish of Mixenden and Illingworth

Sundays at 10.00 am

All Age Eucharist, everyone welcome

**PREACHERS AT ILLINGWORTH MOOR METHODIST
CHURCH IN SEPTEMBER**

All services commence at 10.30 am unless otherwise stated

1st Sept	Mrs Wendy Tolson
8th Sept	Mrs Sue Ng
15th Sept	Local Arrangement
22nd Sept	Rev Tony Morling 2 pm Harvest Festival at Mount Zion, Per Lane, Ogden
29th Sept	Rev Tony Morling Communion

WELCOME TO OUR NEW MINISTER REV. TONY MORLING

As I am sure most people are aware Rev Paul Welch has left Illingworth Moor Methodist Church for pastures new after sixteen years.

We are very pleased to welcome Rev Tony Morling to start his new ministry here with us. His wife Cathy and his family are here alongside him. After many years in Jersey, being in Yorkshire will be an adventure.

Change is inevitable (except from vending machines) and whilst many of us haven't moved areas for a long time we never really forget how that feels. When moving, even if you are on the right track, you will get run over if you just sit still.

So here's to us all moving on especially Tony and Cathy.
New challenges, new friends and adventures galore.
Gods blessings on Tony, Cathy and their family.

Peter Mitchell
Senior Steward

MESSAGE FOR SEPTEMBER

Hello, my name is Tony and I'm privileged to be appointed the new minister at Illingworth Moor. Together with my wife Cathy, and our two sons, we've travelled from our previous posting in Jersey and arrived on a day when the temperatures were much higher in Yorkshire than in the Channel Islands! Most of our boxes are now unpacked and we're bit by bit getting to know our new environment.

Cathy grew up in Yorkshire, so this is very much a home-coming for her, and she's excited to be back in the county of the white rose. For me, this is my first appointment in the north, my previous ones have been East London, Boscombe and Portsmouth. So much does feel new for me, and time will tell whether I start to change how I pronounce 'bath' and 'castle'!

I'm very conscious that I'm stepping into the shoes of Paul Welch who has served the Calderdale Circuit with distinction for sixteen years, and in particular Illingworth Moor. From what I've heard, his faithfulness and dedication has been outstanding, and many of you will have eternal reasons to be grateful for his ministry and nurturing and deepening your faith. His work outside of the church as chaplain, leading school services and involvement in football and walking will have touched many, many lives. We wish him, Lynn and the family every happiness in their new location.

Now to state the obvious, I'm not Paul. We have some similarities; we both like walking and sport (I've supported Chelsea since the time of Ron Harris), but part of the reason why Methodist Ministers travel to new appointments is to bring diversity and fresh insight. Therefore, as I settle into Calderdale life, I'm excited to join in what you are already doing and in time seeing whether there are particular things that I can contribute.

One of the most obvious things about Illingworth are the surrounding moors. The other day we were driving north on the Cold Edge Road near Warley Moor Reservoir and were taken back by the grandeur of the wide-open hills. Stopping the car we just soaked it up and were grateful to God for this new beginning and location.

Thank you for your welcome, and whether you've lived here all your lives, or like me just arrived, I invite you to think about some words from the Bible: *I lift up my eyes to the hills. From where does my help come? My help comes from the Lord, who made heaven and earth.*

Best wishes

Rev Tony Morling

From 3
hours per
week



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A Companion is someone who visits every week to provide friendship and support.

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- A listening ear and conversation.

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For an informal chat about companionship, home help or any other care needs:

Call 01422 292424

Email: calderdale@homeinstead.co.uk

www.homeinstead.co.uk/calderdale



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WORDSEARCH CLUES

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Michael and All Angels

The Church remembers angels this month, with the feast day of *Michael* and *All Angels* on the 29th.

The Bible is full of angels, where they often had a *key* role in *crucial* events. It seems that Michael is their *leader*, an 'archangel'. In *stained glass* he's often seen with a *sword*, because in the Book of Revelation he leads the *angelic host* who fight and *defeat Satan* and his army.

In the Gospels, angels make numerous *appearances*. Just two examples: *Gabriel* was sent to *Mary* to announce the coming of her *baby*, *Jesus*, the Messiah, the Son of God. Another *angel* was sent to sit in the empty tomb on Easter morning, *waiting* to tell the startled women that Jesus wasn't there - He had risen (Mark 16:5)!

**HOLY NATIVITY CHURCH, THE CHURCH OF ENGLAND
PARISH OF MIXENDEN AND ILLINGWORTH**

Sunny Bank Road, Mixenden, HX2 8RX.

www.holynativity.co.uk

Family Communion every Sunday at **10 am**.

Communion Meal every 2nd Sunday of the month at **6 pm**.

The communion meal is an opportunity to worship whilst gathered around the dinner table. Food is provided.

Rock Mass every 3rd Sunday of the month at **6 pm**.

The Rock Mass is a service for people who like to worship **LOUD!**

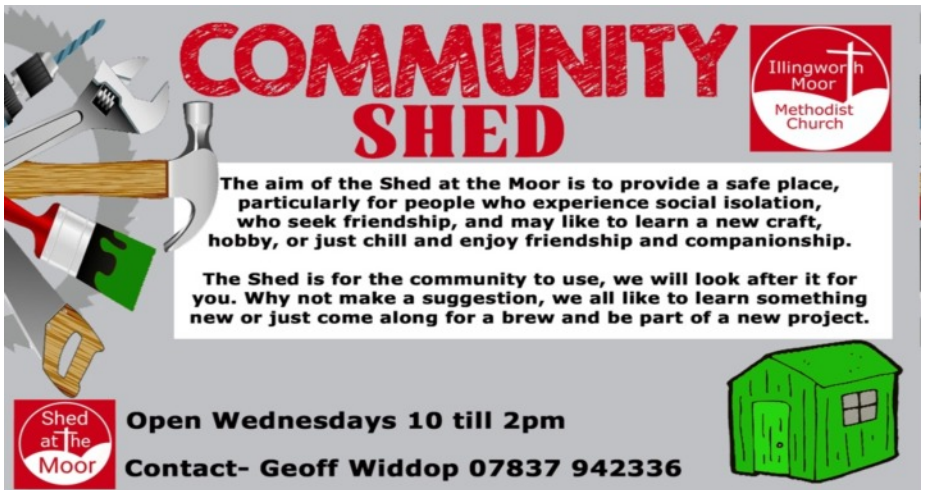
Vicar: Revd Robb Sutherland, 01422 353929 email
vicar@holynativity.co.uk

Church Wardens: David Capon 07500860715 and
Michelle Strange 07810560289

Church Pantry: Mondays 2 - 3.30 pm. Providing food and essentials to people from the Parish in need.

Church Youth Group: Tuesdays 7 pm -8.30 pm

For baptisms, weddings & funerals contact the Vicar or Church Warden



COMMUNITY SHED

Illingworth Moor Methodist Church

The aim of the Shed at the Moor is to provide a safe place, particularly for people who experience social isolation, who seek friendship, and may like to learn a new craft, hobby, or just chill and enjoy friendship and companionship.

The Shed is for the community to use, we will look after it for you. Why not make a suggestion, we all like to learn something new or just come along for a brew and be part of a new project.

Open Wednesdays 10 till 2pm
Contact- Geoff Widdop 07837 942336

Shed at The Moor

WHAT'S ON AT ILLINGWORTH MOOR

'GOOD AS NEW SHOP'

Open on **FRIDAYS ONLY 10 am till 3.30 pm**

Why not drop into our **"Cosy Corner"?**

No need to buy! Just sit and watch the world go by in warm and pleasant surroundings. Enjoy a cuppa, from the Cafe, or read a magazine, or just relax.



CAFE AT THE MOOR (Tel: 07748271570)

Our Chef, Sarah, makes a range of meals on four days a week, Tuesday, Wednesday, Thursday & Friday from 9 am to 1 pm.

Why not pop in for a coffee, a piece of home made cake, a bowl of home made soup, a sandwich (*either to eat in or take away*).

Or have a full meal from Sarah's tempting menu?

BOYS' BRIGADE - MONDAYS



Anchor Boys: 5 - 7 years (arrive 6.15 pm to start at 6.30 pm until 7.30 pm)

Junior Section: 8 - 10 years (arrive 6.15 pm to start at 6.30 pm until 8.15 pm)

Company Section: 11 - 18 years (arrive no earlier than 7 pm for a 7.15 pm start - ending at 8.45 pm)

If anyone can help out, even if only occasionally, please get in touch with Captain Andy on 07833910698.



GIRLS' BRIGADE - WEDNESDAYS

Explorers: 5-7 years (5.30 pm to 7.15 pm) small number of places available;

Juniors: 7-11 years (6.45 pm to 8.30 pm) now full with a waiting list;

Seniors & Brigaders: 8-18 years (6.45 pm - 8.30 pm)

For more information contact Janice Crowther on 07745529385

SUNDAYS

Sunday Worship & Sunday School at 10.30 am

EVERYONE IS WELCOME TO JOIN US AT ANY OR ALL OF THE ADVERTISED EVENTS

LOCAL HISTORY

This months Local History is taken from 'Looking Backward' which was a feature in the Halifax Courier written by local historian Eve Chapman and published in December 1979.

CHAPEL "AT HOMES"

The Annual At Home in the village schoolroom was unique.

These functions appeared any time from October to the beginning of Lent (Shrove Tuesday being a favourite) and were partly money raising efforts - but also a good opportunity for folk who had left the village to catch up on news.

We had one on Boxing Day and everybody who was home for a brief visit knew their friends could be found at the chapel At Home and they could make sure of a good tea and supper too.

The chapel women made valiant efforts with the catering and it was regarded as an honour to "preside over a tea tray." This meant more than just the act of pouring out. Each woman made an individual effort with her own china - delicate fluted, flowered cups, not the chapel stuff guaranteed to bounce before it broke. She brought her own crochet-edged cloth to soften the severity of the utilitarian trestle tables covered with plain white, long tablecloths and a vase of flowers to decorate the centre.

When washing-up time came, each woman would recognise her own cups but cutlery was more difficult. There was a code of coloured threads attached to each knife, fork and spoon.

There are several mysteries unsolved for me, who was then too young to be in the inner circle. Who decided who should sit at which table and enjoy Mrs H's onion pasty, Mrs B's parkin or my mother's macaroons? Maybe there was a conclave of tray holders before the day but it is certain that no one missed a sumptuous tea.

In the early part of the afternoon there was an overall host and hostess, sometimes an old scholar or former minister, or the Chairman of the Urban District Council. Our biggest hopes were that he wouldn't speak long and he would give a donation. The second was usually forthcoming but some really did enjoy the sound of their own voices.

But even the longest speech must end and the great tea urns bubbled copper bright against the prettily arranged tables. We lustily sang "Be present at our Table, Lord" and then, obeying the superintendent's "Nah then, fall to," we soon reduced the tables to mere wrecks of their former glory.

Much more was to come. The women washed up; the men dismantled the trestle tables and swept up the crumbs and the visitors gossiped. "Fancy! Mary Ellen's gotten a chap" - slight disapproval, because she'd gone outside the immediate circle to get him, even as far as Halifax, practically foreign country, reached only by a long walk to tram or train. In those days, when local schools usually kept their scholars right through their education and where the local mills provided the living for most, there was an inbred hesitation to accept anybody 10 miles away. Of course, if it was a Methodist it

helped but Baptist or Church of Englandwell, "it were better ner nowt," they conceded, reserving judgment.

The gossip gave way to the entertainment. What did it matter if Walter's voice broke in "Take a pair of sparkling eyes." It did so every year. We also waited for the annual admonition, in a deep rumbling bass, to beware because many brave hearts were asleep in the deep!

Then came the children. Our recitations must have been boringly dull and the less able children were lumped in "concerted items," miming mother's washing day, or similar. Who cared, they applauded us because they loved us and there was no television standard to compare our efforts to.

The At Home ended early. Many had to be at the mills by six or seven in the morning (after a long walk) and in any case, there was very little street lighting - none at all if it happened to be the week of the full moon, when our thrifty UDC allowed nature to take over.

We didn't leave without more food. Not dainty this time but substantial pease and pies with lots of brown gravy.

The village street echoed "See you next year, Sam". Maybe Sam wouldn't be there, for the old folk grew fewer each year and many more removed to the towns. But next to the Sunday School Anniversary, the annual At Home was the great day of the year.



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ST. MALACHY'S NEWS

Our Parish Priest is Mgr Michael McQuinn

ST. MALACHY'S NURSERY St. Malachy's School, Cousin Lane.

There is a place for your child so why not give your child the best start? Apply for a place now and come and see what we have to offer. Contact St. Malachy's School on 01422 244628.



ST. MALACHY'S WALKS

If you would like to join us you will be made most welcome. Walking boots and suitable clothing are essential. For more information please contact Philip or Pat at 01422 751542

or e-mail us at p29.moran@gmail.com

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TIMES.
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THE ENTRANCE AND
TAKE WHAT YOU
NEED AT NO COST

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Contact Tracy for more info.
Email: immctracy@gmail.com
Phone/Text/WhatsApp: 07842411236

**ILLINGWORTH MOOR
METHODIST CHURCH**

Illingworth Moor Methodist Church every Friday, 12 noon

Where can you get (for instance)

Chicken Casserole, mashed
potatoes, Yorkshire
pudding and
vegetables, a pudding
and a cup of tea,
together with good
company for £5.50?



Cafe number 07748271570

The **Access Bus** picks up some
of our regulars so if you need
transport just ring
0113 3481902 to register with
Metro.

PAY IT FORWARD SCHEME We are operating a Pay It Forward Scheme
in the Cafe. Pay for a hot drink, sandwich or meal for someone in need.
Call into the cafe if you are able to support this new scheme.

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Puppy visits to feed, play and toilet
Cats, rabbits, fish etc. cared for



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General Gardening



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Email: hairypoppins15@gmail.com

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WALKING FOOTBALL

at Forest Cottage, Cousin Lane, HX2 8AD

Tuesdays at 12 noon

All welcome

For further information contact

laynopete@hotmail.com / 07808059929



'WALKING THE WAY' which is a monthly
Reflective walk around Calderdale which takes
place on the second Sunday of the month starting
at 2pm

For more information, here is the website Calderdale
Walking the Way

[https://www.calderdalemethodistcircuit.org.uk/
about-us/walking-way.html](https://www.calderdalemethodistcircuit.org.uk/about-us/walking-way.html)

<https://www.facebook.com/walkingthewaycalderdale>

HAPPY DAYS supports people with the highest needs in Calderdale, whose complex lives mean they have often built bridges with friends, family and service providers and have nowhere left to turn.



Our services are provided with no judgement or barrier to access. Everything we do is designed to offer hope, dignity and understanding so people can move forward from despair towards stability and independence.

We operate Calderdale's only Winter Shelter with 56 bed spaces per week for six of the coldest months of the year. The 24-hour wrap-around care in our Winter Shelter is unique and is positioned to prevent future homelessness and reduce criminal activity.

Our Community Café is open to all and provides a hot meal and a dessert for those who might otherwise not be able to feed themselves. All meals are free to everyone. The food is freshly cooked onsite by our chef and volunteers, and all this is enabled by our generous food donations that we receive.

Our Community Supermarket provides a social care model to provide dignity and empower people who are experiencing food poverty. Our customers pay £6 and can choose 15 items from our supermarket including fresh fruit and veg. This promotes independence by allowing customers to choose their own shopping rather than relying on a food parcel. It also encourages budgeting and money management. £1 of the £6 goes into a credit union savings account to promote longer term positive financial outcomes.

**15,009 meals provided in 12 months / 1863 baskets shopped
£1613 saved with Credit Union / 7454 breakfasts served
120 hot dinners on Christmas Day**

How you can help

Volunteer - Our volunteers are incredibly important to us. We really couldn't do what we do without their help. From driving our minibus, admin support and collecting donations to cooking meals, running the food bank, and supporting our residents – they are an essential part of the work we do and the difference we can make.

If you are interested in joining the Happy Days volunteer community, we'd love to hear from you, email natasha@happydaysuk.org

Fundraising - Happy Days is a local charity and we rely on donations to continue bringing hope where it is needed most. We need you to help us!

Whether its climbing a mountain, baking cakes, riding a bike or quitting social media for a month we can help you with it all.

If you're interested in helping raise funds so we can support people who are homeless or in crisis please [contact us](#) for a fundraising pack.

You can also get involved in our jam-packed event programme. Donations can be dropped off at our premises on St James Road, HX1 1YS and we would be very grateful for any single bedding, small men's clothing – especially size small jogger and t-shirts, underwear, food donations, especially tinned meat items.

If you would like to come and have a look round to see what we do or if you have any questions please feel free to contact Paula on 07842408770 or email on paula.mercer@happydaysuk.org.

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DELIVERY

All deliveries will incur a £2 charge
within a 3 mile radius of North Halifax.

OPENING TIMES

Saturday 4:30pm - 9:00pm.

PLEASE BE ADVISED THAT FOOD PREPARED HERE MAY CONTAIN OR COME INTO CONTACT WITH THESE
INGREDIENTS: WHEAT-MILK-TOMATO-HAZELNUT
IF YOU HAVE ANY FOOD ALLERGIES OR INTOLERANCES PLEASE SPEAK TO A MEMBER OF STAFF

NOAH'S ARK CENTRE IS PROUD TO ANNOUNCE A NEW INTEGRATED WELLBEING SERVICE (IWS)

This self-referral service will provide young people aged 15-25 years within the Halifax communities of Park and Ovenden, the opportunity to participate in a holistic range of integrated wellbeing interventions aimed at intervening early to support improvements and build resilience in their mental, emotional and general wellbeing.

Interventions will include:

- therapy / counselling (up to 10 sessions),
- money advice,
- budgeting course,
- wellbeing activities - 'real food' cooking and walking groups

The IWS aims to inclusively support young people who are **NEET, SEND, Care Leavers, Young Carers and LGBTQ+**.

All interventions are completely **free** to access.

For more information, please contact Natalie Jackson (IWS Delivery Coordinator) at iws@noahsarkcentre.org.uk or **07732 453 775**.

HOW COULD GOD LET ALL THESE BAD THINGS HAPPEN?

A journalist once asked Billy Graham's daughter why God allowed all the problems in the world today. Here is what Anne Graham Lotz replied:

"I believe God is deeply saddened by this, just as we are, but for years we've been telling God to get out of our schools, to get out of our government and to get out of our lives.

"And being the gentleman He is, I believe He has calmly backed out. How can we expect God to give us His blessing and His protection if we demand He leave us alone?"

"In America some years ago people complained that they did not want prayer in our schools. And we said OK. Then someone said: 'you better not read the Bible in school ... the Bible says thou shalt not kill, thou shalt not steal, and love your neighbour as yourself.' And we said OK.

"Then Dr Benjamin Spock said we shouldn't spank our children when they misbehave because their little personalities would be warped and we might damage their self-esteem (Dr Spock's son committed suicide). We said an expert should know what he's talking about. And we said OK. "Then someone said teachers better not discipline our children when they misbehave. The schools feared bad publicity, and said there was no difference between proper discipline and cruel humiliation. And we said OK.

"Then some of our top elected officials said it doesn't matter what we do in private, as long as we do our jobs. Agreeing with them, we said it doesn't matter to me what anyone, including the President, does in private as long as I have a job, and the economy is good. And we said OK.

"Then the entertainment industry said, 'let's make TV shows and movies that promote profanity, violence, sadistic cruelty and illicit sex. Let's record music that encourages rape, drugs, murder, suicide, and satanic themes.' And we said it's just entertainment, it has no adverse effect, nobody takes it seriously anyway, so go right ahead.

"Now we're asking ourselves why our children have no conscience, why our society is so violent and dangerous, why no one seems to know right from wrong, and why it doesn't bother people to cheat, threaten and even kill each other. Probably, if we think about it long and hard enough, we can figure it out.

"I think it has a great deal to do with **'WE REAP WHAT WE SOW'**."

THE SHROUD OF TURIN : A SCIENTIFIC ENIGMA



On **Saturday, 21st September** commencing at **2 pm** there will be a talk on **The Shroud of Turin** at Illingworth Moor Methodist Church by Michael Kowalski who is recognised as a leading expert on the Shroud of Turin and has given presentations about this remarkable cloth to audiences in the UK and Europe. He is the author of *The Shroud of Christ: Evidence of a 2,000 year antiquity* which provides a detailed account of the dating evidence revealed by over a hundred years of research. There will be a full sized replica of the world famous Shroud of Turin.

Admission is £4 which includes refreshments and donation.
Tickets can be bought on the door or in advance from the Church Shop.

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THE DAISY CHAIN CAFE

ON WEDNESDAY, 11TH SEPTEMBER

AT BLACKBURN HOUSE, NURSERY LANE

FROM 1 PM TO 3 PM

Working towards a Dementia Friendly North Halifax

For more information ring 03005550266 or 01422 252209

HERITAGE OPEN DAYS

Mount Zion Heritage Chapel, Per Lane, Ogden, HX2 8XG

Mount Zion is open on Saturday, 14th and Sunday, 15th September from 10.30 am to 4 pm. We will have interesting items and artefacts on display, children's activities and short heritage talks, an opportunity to share memories of and to learn more about the Chapel's history. Tea and biscuits will be on offer in the cottage. Please come and say 'Hello' we would love to see you.



Also another opportunity to visit Mount Zion is to attend the Harvest Festival Service on Sunday, 22nd September at 2 pm which will be led by Rev Tony Morling. Everyone welcome.

ANSWERS

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WORDSEARCH



“When one door of happiness closes, another opens; but often we look so long at the closed door that we do not see the one which has been opened for us.”

Helen Keller

NHS
Yorkshire
Smokefree Service

**THINKING ABOUT STOPPING
SMOKING?**

Did you know we now offer **VAPES** as well as nicotine replacement therapy?

We're here to help you through your quit journey

If you're ready to stop smoking give us a call to make an appointment to suit you!

01422 262373 (local number)

<https://yorkshiresmokefree.nhs.uk/pages/callback-request>



**BEECHWOOD
ROAD
LIBRARY**

The Staff at Beechwood Road Library are looking forward to welcoming old and new members to visit them during any of the following opening hours:

Monday 10 am - 5 pm

Thursday 10 am - 5 pm

Friday 10 am - 5 pm

Saturday 10 am - 1 pm



ILLINGWORTH ARLFC

**Be part of the best sport in the world and
join the rugby league family.**

**Why not contact us using our social media
platforms and find out if you or your family
members can join our ever growing club.
Boys and Girls welcome!**

HAVE FUN - GET FIT - CHALLENGE YOURSELF

Facebook Page: Illingworth ARLFC

Instagram: illygirlsrugby OR Illingworth ARLFC

**Illingworth Sports and Social, Mason Green,
Halifax, HX2 8HG**

ALL IN THE MONTH OF SEPTEMBER

It was:

400 years ago, on 10th Sept 1624 that Thomas Sydenham, English physician, was born. He became known as the ‘father of English medicine’. His textbook on medicine became the standard medical textbook in England for the next 200 years.

250 years ago, on 4th Sept 1774 that British explorer Captain James Cook became the first European to discover New Caledonia in the south-west Pacific, during his second voyage.

150 years ago, on 21st Sept 1874 that Gustav Holst, was born. This British composer, arranger and educator is best known for *The Planets*.

100 years ago, on 25th Sept 1924 that British racing driver Malcolm Campbell broke the land speed record for the first time. He recorded a speed of 146mph in a 1921 Sunbeam Grand Prix car at Pendine Sands, Carmarthen Bay, Wales.

90 years ago, on 22nd Sept 1934 that the Gresford Colliery Disaster took place in Wales. An explosion killed 266 miners and rescuers. It was one of Britain’s worst coal-mining disasters, but the cause of the explosion remains unknown.

80 years ago, from 17th to 25th Sept 1944 that Operation Market Garden took place. The Allies attempted a massive airborne invasion of German-occupied Netherlands, but they were forced to withdraw. The story was told in the film A Bridge Too Far. The operation included the Battle of Arnhem – German victory.

770 years ago, on 15th Sept 1954 that the iconic photograph of Marilyn Monroe’s billowing skirt as she stood over a New York subway grate was taken during filming for The Seven-Year Itch. The event was staged as a publicity stunt.

60 years ago, on 4th Sept 1964 the Forth Road Bridge opened in Scotland. It links Edinburgh to Fife across the Firth of Forth. (A second bridge, the Queensferry Crossing, opened in 2017 and largely replaced it.)

50 years ago, on 8th Sept 1974 that former President Richard Nixon was granted a full and unconditional pardon by his successor Gerald Ford for any crimes he may have committed or participated in while in office. (Nixon had resigned in August after Watergate.)

40 years ago, on 10th Sept 1984 that British geneticist Alec Jeffreys discovered genetic fingerprinting, also known as DNA profiling. It allowed criminals to be identified from hair, blood, or sweat left at crime scenes. It also allowed families to trace their lineages or determine the paternity of children.

30 years ago, on 22nd Sept 1994 that Roy Castle, British TV presenter, dancer, singer, comedian, actor and musician, died. Best known as the presenter of the children’s TV show Record Breakers. He himself broke nine world records while presenting the programme, including the fastest tap-dancing.

20 years ago, from 1st to 3rd Sept 2004 that the Beslan school hostage crisis took place in Russia. Armed terrorists took over 1,100 children and adults as hostages. Russian security forces ended the crisis on the third day, entering the school with tanks and heavy weapons. More than 300 hostages were killed, including 186 children. Hundreds more were injured.

10 years ago, on 18th Sept 2014 that the Scottish independence referendum was held. The citizens of Scotland voted to remain in the UK rather than becoming an independent country. (Independence: 44.7%; Remain in the UK: 55.3%)



Another cricket season is coming to an end but we are ever hopeful that the summer weather which has been pretty sporadic so far will have a late burst into the autumn. All three senior teams have continued their very positive start to the season. The 1st XI are 4th in the Premier League, behind leaders Thornton and also trailing Booth and Triangle with 4 league games still to go. The 2nd XI are 3rd in their Premier Division behind Booth and Greetland. The 3rd XI too are doing well back in Division 1 after being promoted and they are in 4th spot behind Lightcliffe, Blackley and Copley.

There has been much Junior activity too with the Under 9s, and 11s both taking part in the Halifax Junior League and building up to the Junior End of Season Presentation Evening in the clubhouse on Friday, 13 September. Both teams have had a successful season. The U9s have finished 7th in their league with two wins and a narrow defeat by Booth in August and reached the quarter final of the Cup. The U11s have had a huge season winning 12 of their 14 games and are top of the league. On top of this they have reached the Cup Final which is due to be played at Lightcliffe on August Bank Holiday Monday and again is a tremendous achievement.

On Sunday, 4th August the club were privileged to host the Halifax Cricket League Parish Cup Final. Before a bumper crowd of nearly 1,000 the home team faced Champions Thornton for the second year running and whilst the Illingworth team came second best on the day against a very strong Thornton side who are so far unbeaten this year it was a great day for the club to show off its ground and facilities. Thanks too to Whitehill School who very kindly loaned the use of their staff car park and playing fields for extra car parking which was fully used and greatly eased the parking situation in the whole neighbourhood.

Off the field there has been much activity too. The club has benefitted from a £10,000 installation of a solar panel system on the clubhouse roof courtesy of a grant from the English Cricket Board and some top up fund raising from the club itself and this should greatly help the club to be sustainable in the years to come by reducing electricity bills.



New players, members, spectators and volunteers are always welcome. Do come along and support us.

Illingworth CC Home Fixtures for September –All matches 1.00 pm start.

- Saturday, 7th Sept – 2nd XI v Blackley
- Sunday, 8th Sept – T20 Finals Day TBA
- Saturday, 14th Sept – 1st XI v Shelf Northowram
- Sunday, 15th Sept – 3rd XI v Sowerby Bridge
- Saturday, 21st Sept - 1st XI v Thornton

For more information have a look at our web site illingworthcc.co.uk or ring Andrew Smith on 07979-645379.

Andrew Smith
Club President

IMMC TINY TOTS

Starting Wednesday
11th September

At Illingworth Moor Methodist Church



Every Wednesday
8.45am – 10.30am
In school term time only.

Cafe open for drinks & snacks.

A safe, caring and welcoming environment for parents, grandparents and carers and their infants and toddlers.

Contact Tracy for more details
Email: immctracy@gmail.com
Phone/WhatsApp/Text: 07842411236



Toys, story and singing every week as well as a chance to chat with others.

ANDY'S MAN CLUB

Please be aware that Andy's Man Club will be meeting for the last time on Monday 2nd September 6.30 pm to 9 pm at OSCA Foundation at Forest Cottage.

Their new venue will be Halifax Rugby Union Football Club from Monday, 9th September.



#ITSOKAYTALK

SMILE LINES



Church Notices that didn't quite make it...

A talk on drugs will be given at the next Mothers' Union meeting. This will be followed by a Bring and Buy Sale. A sudden gust of wind took all who were at the ceremony by surprise. Hats were blown off and copies of the vicar's speech and other rubbish were scattered over the site. The Rector is on holiday this month. Local clergy will be celebrating with us all the Sundays that he is away. Don't allow anxiety to kill you. Let the church help. Don't miss the Young Wives' Victorian evening next month. It will be a fun night and some of the women will wear clothes.

Cucumber

A small boy asked his mother for a cucumber to take to Junior Church. A slightly puzzled mother complied. Later she asked what it had been used for. "Sorry, mum," he confessed. "I got it wrong. We were supposed to bring a newcomer."

Not all

Dear Minister: I know that God loves everyone, but He has never met my sister. Love Peter (aged 7)

Unseen

A small girl greeting her father on his return from a journey by air and learning that he had flown above the clouds, asked if he had seen God. "Well, no," said her father, "you can't see God like that because He doesn't have a body." "Oh," she said, with pity and disappointment, "only head and legs?"

Bible sense

Being married to a woman who reads her Bible can have its drawbacks. When a man protested to his wife that wiping dishes was not a man's job, his wife replied simply: "2 Kings 21:13", and handed him a tea towel. Later he looked it up: 'And I will wipe Jerusalem as a man wipeth a dish, wiping it and turning it upside down.'

Permission

Extract from an official letter notifying residents of a new boundary road: "It is hoped to take the new by-pass through the old cemetery, provided we can get permission from the various bodies concerned."

Egg

What did the egg in the monastery say? "Out of the frying pan and into the friar."

Last words

The Seven Last Words of the Church: "We never did it like that before."

Miscellaneous observations on daily life...

The secret to a clean kitchen is simple. Don't cook. Ever.

The probability of being watched is directly proportional to the stupidity of your act.

Microchips: What's left at the bottom of the bag.

The inventor of the doorbell obviously did not own a dog.



Sequence & Ballroom Dancing

**Forest Cottage, Cousin Lane,
Illingworth, HX2 8DA**

**Everyone Welcome - Singles and
Couples**

Tuesdays and Thursdays 1.45 pm to 4 pm

£2.50 per person includes tea and biscuits

For more information ring 01422 248080



**There are no CREW walks in
September in the north of Halifax**

All of our information is on our website
www.crewheartsupport.co.uk /
crewpartners.hsg@gmail.com



**CAR BOOT SALE &
TABLE TOP SALE
AT OSCA FOUNDATION**



**Forest Cottage,
Cousin Lane, HX2 8AD**

On Sundays 1st, 15th and 29th September

Sellers arrive from 8 am Buyers start 8.30 am

Book your £10 table with Neil 07530874386.

**If you prefer to sell outside you must provide your own table.
Light refreshments will be on sale**

WALKING IS A GREAT WAY TO EXERCISE

You may be young or old, working endless hours, or retired. But there is one exercise you can still undertake almost anywhere, for however long or short a time: walking.

According to health specialists, the simple act of walking “ticks so many boxes – improving our brain, mental and musculoskeletal fitness, as well as our physical fitness.”

Here are five reasons why:

Walking raises your heart rate and makes you breathe faster.

It gives you the benefit of a moderate aerobic workout – without the stress on your joints. As for your blood sugar levels, consider this: after a meal your blood sugar level rises and your pancreas releases insulin to bring it down. But even a five-minute walk can help by blunting the spike in blood sugar. Try and keep your pace brisk – aim for 100 to 130 steps a minute.

Walking improves your bone density

Walking briskly engages the muscles along the back side of your body – the glutes, hamstrings and calves. They in turn put a bit of pull on your bones, which stimulates your bones to produce osteoblasts, which improves your bone density and reduces your risk of osteoporosis.

Walking improves your mood

It stimulates your parasympathetic nervous system (nerves that relax the body during stress) and stimulates your amygdala (that part of you which controls your emotions). And if you can walk near water (rivers, coast, in the rain) you get exposed to negative ions in the air. These electrically charged molecules are excellent for your mental health.

Walking helps your brain

You will sleep better, and your brain will be in better shape for memory and cognition. Walking also stimulates creative thinking – studies have found walking is a great time for problem-solving.

Walking helps your body shape

An instant way to look younger is to stand tall. So walk with your head up, shoulders back, and lengthen your back, to stand up straighter. And with firmer muscles, your overall body shape will improve, which in turn will boost your confidence!





OSCA FOUNDATION (based at Forest Cottage, Cousin Lane, Halifax, HX2 8DA)

Activities to be held in September

- Monday: 6.30 pm to 8 pm Taekwondo
Tuesday: 12 noon Walking Football (outside)
Tuesday: 2 pm to 4 pm Old Tyme / Modern Sequence Dancing
Tuesday: 6.30 pm to 8 pm Taekwondo
Wednesday: 6.30 pm to 8 pm Taekwondo
Thursday: 9.45 am to 10.45 am Keep Fit
Thursday: 2 pm to 4 pm Old Tyme / Modern Sequence Dancing
Thursday: 6 pm to 9 pm Youth Club 13 years -19 years
Thursday: 6.30 pm - 8.30 pm Enderby Hall Halifax Gateway Club

Floodlit All Weather 5 a-side football 3G pitch available for hire seven days a week at competitive prices.

Ovenden West Riding Junior Football Club at OSCA Foundation. Kick off times from 9.30 am through till 12 noon. Teams from u/5 through to u/14 for both boys and girls. New and old players welcome. Contact Steve on 07727860731

Ovenden West Riding u/13 boys team are wanting to add to their successful squad, new players for next season. Players must be u/13 before August 31st. For more information please phone either Paul on 07825678212 or Lewy on 07833164375.

Ovenden West Riding AFC Junior Football Club are inviting boys/girls at Reception & Year 1 age to commence training on Tuesdays at Forest Cottage at 5.15 pm. Training will be on their all weather pitch. All abilities welcome. For more information contact Amir Bashir 07711148026

Ovenden West Riding Girls' Football section are looking for new Lionesses to join their u/10 girls training squad. Girls need to be under 10 before August 31st 2024. More information about training contact Heath on 07961209093 or Nial on 07922089240.

Ovenden West Riding are holding trials for their newly formed u/14 team for next season, interested players should contact "Peanut" on 07904241645
Function rooms along with various rooms are available for hire at very competitive prices. Receptions, Funerals, Parties, any form of event can be catered for.

For further information on all activities give Steve a call on 07727860731.

PUBLIC WILL BE ABLE TO FEEL THE TREE RINGS OF SYCAMORE GAP

Members of the public are now able to feel the rings of the felled Sycamore Gap tree, thanks to a new art exhibition.

The 200-year-old sycamore was cut down last year in a “malicious act of vandalism”. But it has now been ‘brought to life’ through a series of five prints, created from a disc of the trunk.

The prints are on display at four locations along Hadrian’s Wall. One of them, named Access, has been hand pressed, so that the 3D shape of the wood and tree rings became embossed on the paper. Visitors can touch the print and feel the rings.

The National Trust explains that the art exhibition is only part of an attempt to “ensure there is an enduring legacy of the tree informed by the huge public response to its loss.”

The five bespoke prints have been named ‘Heartwood.’ They were taken from a 90cm disc of the original tree. They show every tree ring, groove and detail from the cross-section of the almost heart-shaped trunk.

READING IS ‘INVISIBLE PRIVILEGE’, SAYS NEW CHILDREN’S LAUREATE

Reading is an “invisible privilege,” according to Frank Cottrell-Boyce, the new Children’s Laureate. He was responding to studies which found that children who have not been read to when they were young face “massive barriers” as they go through life.

Cottrell-Boyce stresses: “For too long, the life-changing benefits of children’s reading have not been taken seriously. And now we risk losing a generation unless we act.” This is because there is an “epidemic of childhood unhappiness” post-pandemic.

Cottrell-Boyce says: “Reading is an invisible privilege that those who have don’t think about. It’s harder to see than other outward signs of poverty, but it’s just as real.”

He believes that having access to books as a young child offers that child “the keys to the kingdom.”

He went on: “Reading isn’t a silver bullet... but it is a major way to improve equality and bring fairness. To dramatically improve the quality of family life and open up possibilities, opportunities.”

And, referring to the pandemic, Cottrell-Boyce said that “the last time children faced disruption on this scale was during the mass evacuation of World War Two”.



The Local Activities (LA) Group in Illingworth and Bradshaw was formed specifically to improve the health and wellbeing of **people over 50 in this area of Halifax.**
If you are interested in meeting new friends and doing new activities please get in touch:

Join us on Facebook: Illingworth & Bradshaw Local Activities Group /
Ring the Secretary on 01422 249070 / attend one of the activities

The Bowling Section of the LA Group meet every Monday at 10 am
at Holmfield Bowling Club, Holmfield - April to September

We run day trips to the seaside or places of interest during the summer

**THE FOLLOWING ACTIVITIES RUN EACH WEEK
AND TAKE PLACE AT
ILLINGWORTH MOOR METHODIST CHURCH, HX2 9LL**

TUESDAYS

KEEP FIT from 10 am to 11 am £4.00

Not too hard, but not too easy!

This is a fun aerobic exercise class to get you fit and keep you healthy

NEW AGE KURLING from 11.15 am – 12.15 pm £2.00

Both the above activities are suitable for a range of abilities

SITTING DOWN PILATES from 11.30 am – 12.15 pm £3.50

WEDNESDAYS

CRAFTY CLUB from 10 am - 12 noon £2.00

Join the friendly group for knitting, sewing & card making .

Refreshments available from the Church Cafe

THURSDAYS

INTERMEDIATE PILATES CLASS from 9.45 am – 10.45 am £4.00

BEGINNERS PILATES CLASS from 11 am – 12 noon £4.00

To improve core stability and strength

THE FIRST SESSION AT EVERY CLASS IS FREE

*****NEW MEMBERS ALWAYS WELCOME AT ANY OF THE ACTIVITIES*****

CHURCH CONTACTS

Holy Nativity Church, the Church of England Parish of Mixenden and Illingworth

Minister: Rev Robb Sutherland
Tel: 01422 353929
Address: Holy Nativity Church, Sunnybank Road,
Mixenden, HX2 8RX
Web: www.holynativity.co.uk
Facebook: [holynativitymix](https://www.facebook.com/holynativitymix)
Twitter: [@holynativitymix](https://twitter.com/holynativitymix)

St Malachy's

Parish Priest: Mgr Michael McQuinn
Tel: 01422 361682
Email: office.stmalachy@dioceseofleeds.org.uk
Address: St Columba's Presbytery, Highroad Well
Lane, Halifax, HX2 0QF

Illingworth Moor Methodist Church, Keighley Road, Illingworth, Halifax, HX2 9LL

Minister: Revd Tony Morling
Tel: 01422 768092
Address: 9 Weavers Court,
Sowerby Bridge, HX6 2UL
Web: www.illingworthmoor.org.uk
Facebook: Illingworth Moor Methodist Church
Facebook: Illingworth Moor Church Good As New Shop
Centre Manager: immccentremanager@gmail.com
Children & Schools Worker: immctracy@gmail.com
Tel: Tracy Brennan: 07842411236

*The last day for contributions to be included in the
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Items can handed in to your Church representative or sent direct to
the Editor: Irene Mulhall at greenwoodtree7@gmail.com
Tel: 01422 249070